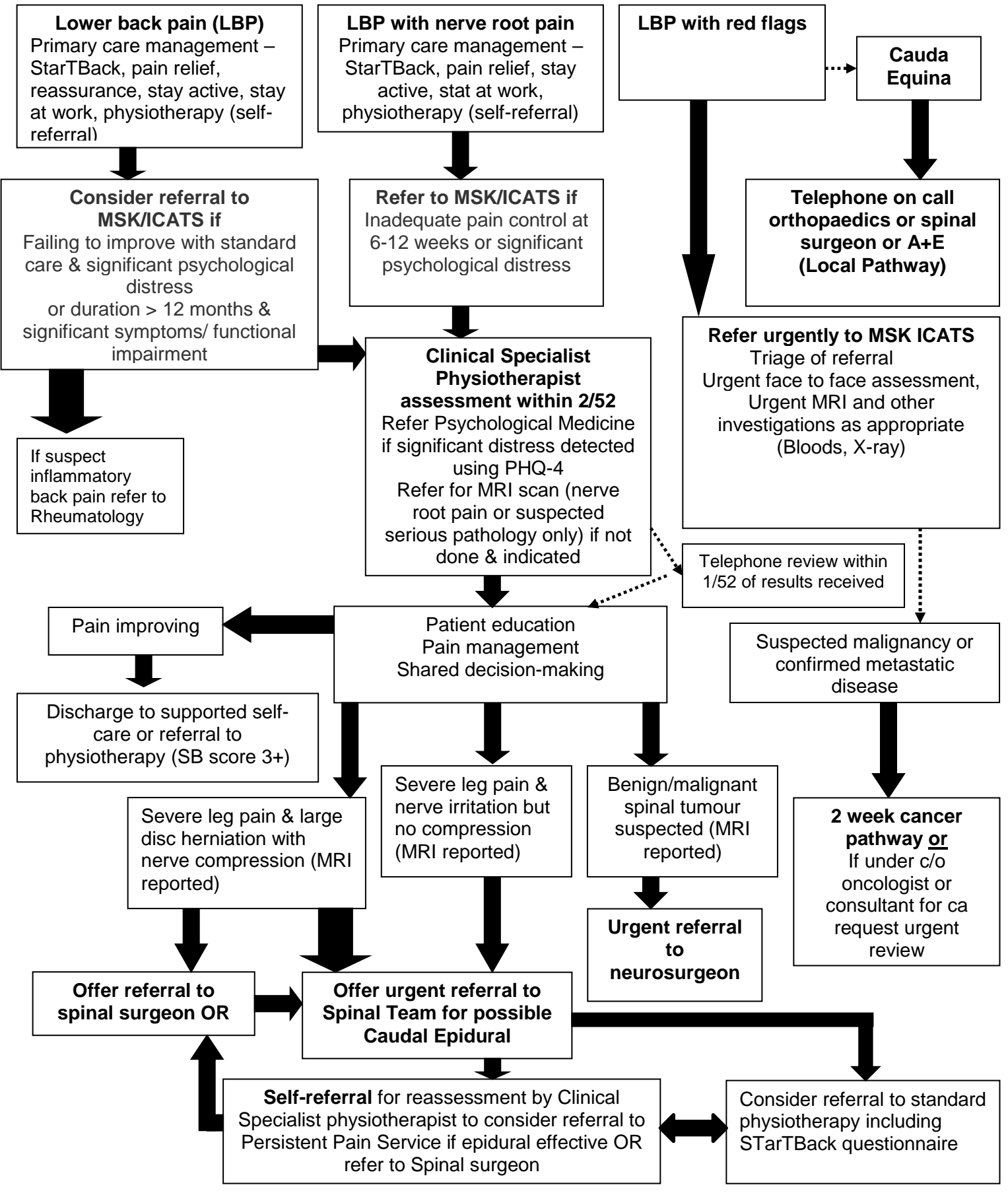


**Lower Back Pain Care Pathway**



Pennine  
Review  
Review

**Ongoing support for self-care**

VsA Back Pain booklet/The Back Book or similar  
Signposting of local and national Back Care resources & self-referral details  
<https://www.versusarthritis.org/media/23007/8-versus-arthritis-nhs-england-decision-support-tool-back-problems-and-sciatica-thinking-about-a-referral-nice.pdf>