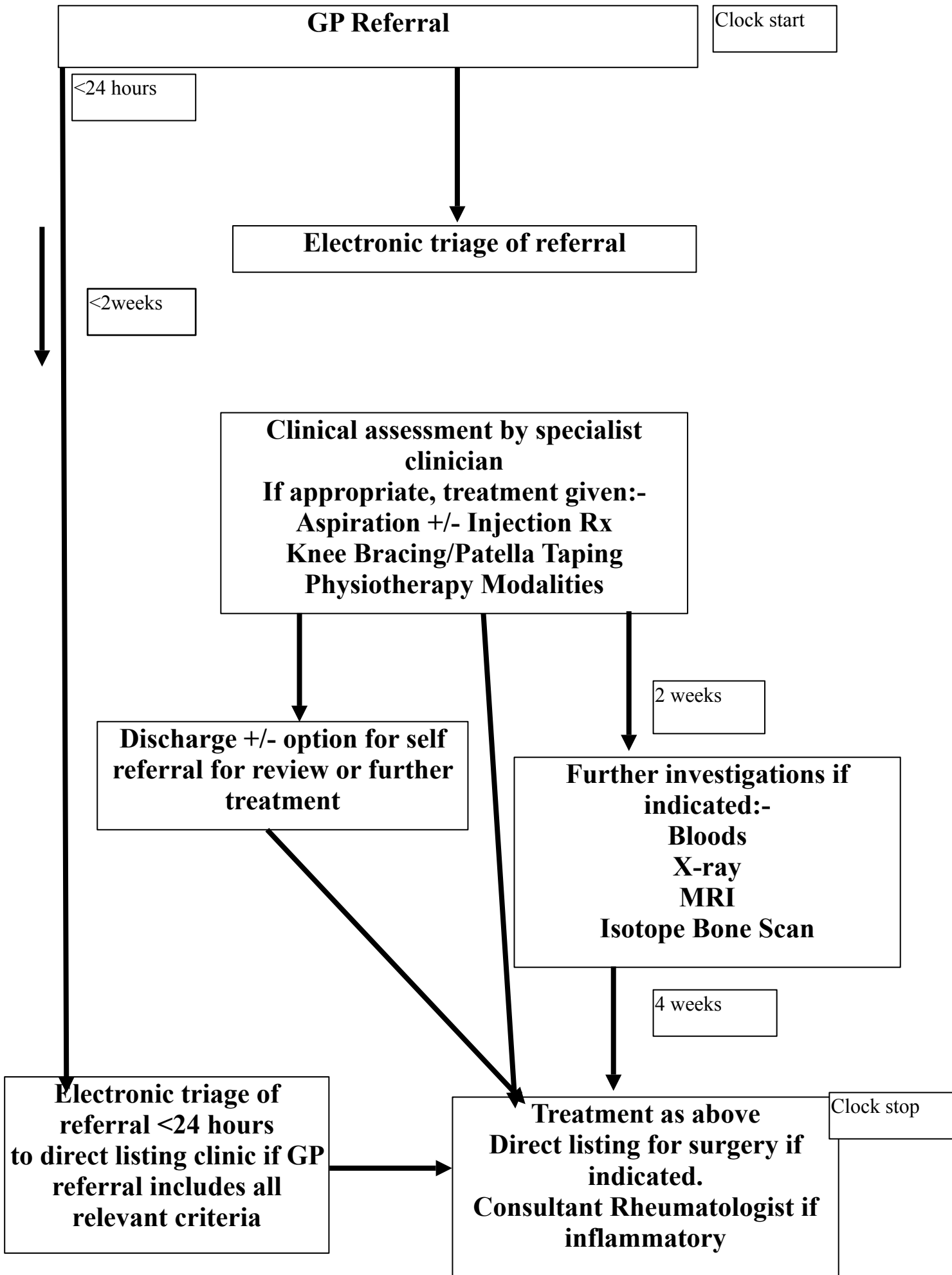


Generic Hip and Knee Pathway



Brief Description of Service

The hip and knee service is led by an Extended Scope Physiotherapists with support from PMSK Partners. The service is accessible to all GPs in Oldham and provides rapid assessment and treatment for all musculoskeletal hip and knee conditions. If operative intervention is indicated the service provides a facility to directly list patients which ensures delivery of the 18w RTT.

Inclusion Criteria

- Any patient over the age of 16.
- Patient registered with an Oldham GP
- Musculoskeletal hip and knee condition

Exclusion Criteria

- Any patient under 16
- Any patient who meets the criteria for referral under the 2 week cancer pathway
- Any patient whose mobility is so restricted that a two man ambulance is required

Pathway Description

- Referral from GP or Physiotherapist with prior agreement from GP
- Electronic triage of referral in <24 hours
- Patient invited to ring for appointment booking
- Patient sent appointment details, map and information leaflet
- Clinical assessment by specialist clinician in <4 weeks and treatment provided if indicated.
- **Treatment**
 - Lifestyle advice
 - Education
 - Aspiration +/- injection therapy
 - Knee brace/patella taping
 - Physiotherapy modalities
- Discharged, if appropriate
- **Investigations** (if indicated)
 - Pathology-full range of haematology, biochemistry, immunology, microbiology and microscopy
 - X-ray
 - MRI
 - Isotope Bone Scan
- **Follow up**
 - Option for self referral for review or further treatment
 - Follow up subsequent to investigations will be for direct listing for surgery (see generic direct listing pathway) or for further opinion

References

- 1) 18 week commissioning pathways
- 2) ARMA overarching principles 2004
- 3) Care closer to home